



NIKE HOCKEY CAMPS

TOTAL HOCKEY. 6 NIGHTS. RADLEY COLLEGE

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	REGISTRATION	BREAKFAST			Coaching Review	EXCURSION Thorpe Park OR Oxford City Tour	DEPARTURE
		Hockey COACHING	Hockey COACHING	Hockey COACHING	TOURNAMENT DAY		
AFTERNOON	Hockey Intro	LUNCH				TOURNAMENT DAY	EXCURSION Thorpe Park OR Oxford City Tour
		Free Time	Free Time	Free Time			
		Recovery Swimming	Recovery Yoga	Recovery Stretching			
		Sport WORKSHOP	Sport WORKSHOP	Sport WORKSHOP			
EVENING	DINNER						
	Welcome PRESENTATION	Hockey COACHING	Hockey COACHING	Hockey COACHING	Hockey AWARDS	Evening Activity	
	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	

Timetable may be subject to change