

**SUMMER  
2025**

**NIKE  
HOCKEY  
CAMPS.**





# LEARN. TRAIN. PLAY.

Residential 1- or 2-week camps in July and August for boys and girls aged 11-17, run by former professionals at two leading schools in England.

The unique coaching programme is designed and led by former international players and top professional coaches. Players can choose to focus entirely on developing their game on and off the pitch with the Total Hockey option or improve their English language skills alongside their hockey with the Hockey + English option.

Camps include an action-packed schedule and a diverse mix of nationalities, ensuring young players maximise their learning and gain a valuable cultural experience. Players leave with new skills, confidence and friends from around the globe.





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# CAMP OPTIONS

Choose from either TOTAL HOCKEY or HOCKEY + ENGLISH.  
Both options are available as a 6- or 13-night camp.

## OPTION 1

### TOTAL HOCKEY

- Up to 24 hours a week of hockey coaching and game play
- Up to 8 hours a week of sports-related workshops
- Suitable for all English language abilities except beginners

## OPTION 2

### HOCKEY + ENGLISH

- Up to 24 hours a week of hockey coaching and game play
- Up to 13 hours a week of English Language lessons using an accelerated model of English learning
- Suitable for all English language abilities

## ALL CAMPS INCLUDE



PRO HOCKEY  
COACHING



24/7  
SUPPORT STAFF



ON-SITE  
ACCOMMODATION



EXCLUSIVE NIKE  
GIFT PACK



SPORTS WORKSHOPS  
OR ENGLISH LESSONS



3 NUTRITIONALLY  
BALANCED MEALS A DAY



EXCURSIONS TO  
CITIES + LANDMARKS



COACHING REVIEW  
+ CERTIFICATE





# COACHING

## 360° HOCKEY

The coaching team combines recent and current international players and elite-level coaches. They create a high-intensity and fun training environment that motivates and inspires. Players are challenged on all aspects of their game in two daily training sessions focusing on a variety of technical and 3D skills, matchplay situations and athlete development.

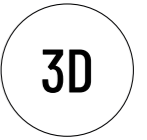
## RAISE YOUR GAME

Coaches share their own experiences about what it takes to raise your game to the highest level. They equip players with a better understanding of the game and how to continue to progress at home. Fitness and conditioning drills are used to improve footwork, balance and speed.

## ON THE PITCH



TECHNIQUE



SKILL DEVELOPMENT



FITNESS



TACTICS



MATCH PLAY





# GOALKEEPERS

## OWN THE CIRCLE

Goalkeepers can join on any week throughout the summer. Each week, they have one full day of specialist GK training. The day comprises two on-pitch sessions and one classroom workshop.

On the pitch, expert coaches work with players to improve the technical and physical attributes required to take their game to the next level. Then during workshop sessions, they explore the mental characteristics needed to succeed in modern hockey. On other days, goalkeepers train alongside outfield players, being incorporated into training exercises and taking part in the tournament on Friday.



# MEET THE HOCKEY DIRECTOR



## LILY OWSLEY

Lily is a stalwart of the GB hockey team, making her England debut as a 19-year-old and amassing over 160 caps for both England and Great Britain. With an Olympic gold medal from Rio and a bronze from Tokyo to her name, she also played a pivotal role in Team GB's triumph at the 2015 European Championship, sealing the victory with the decisive final goal against the Netherlands.

Now, Lily is committed to supporting the next generation of hockey stars to benefit from the same calibre of coaching that she did as a member of Team GB's golden generation. As a member of UK Sport's World Class Programme, she had access to the world's best coaches, which has shaped her own coaching style. Each week Lily brings this experience as both a professional player and coach to her role as Hockey Director on camp. Lily will join the camp to teach a coaching masterclass and deliver an inspiring workshop and Q&A to young players. Through this masterclass and workshop, players gain a new perspective on the skills and mindset they need to master to compete at the highest level.





# TOURNAMENT DAY



## PLAY TO WIN

At the end of each week, players put their new skills to the test in a tournament.

This event is the culmination of each player's training, enabling them to adopt the mindset of a professional athlete and understand what it takes to succeed in competition. The highlight of the week, tournament day is fiercely competitive and full of fun!

RULE  
THE  
GAME







**COACHING IS ABOUT HELPING  
YOUNG PLAYERS GROW, BOTH  
IN SKILL AND CONFIDENCE.  
SEEING THEIR PROGRESS  
MAKES IT ALL WORTHWHILE.**

LILY OWSLEY  
HOCKEY DIRECTOR



# ENGLISH TEACHING

## WHAT TO EXPECT

Classes focus on sport, harnessing students' passion for the subject to promote language learning in a fun and interactive environment. Using the CLIL (Content and Language Integrated Learning) model of English, qualified teachers infuse language learning into lively and active classes where sports-based projects, discussions and activities take centre stage.

Teachers guide students to improve their verbal communication skills while discussing legendary players, interviewing coaches, or writing and speaking their own match commentary. Learning is supported by English teachers living on-site and English is spoken at all times throughout the camp, creating an immersive learning environment.

## HOW IT WORKS

Students are grouped into classes based on a combination of age and ability. They complete a short online assessment before the camp starts and then speak with a teacher on arrival to ensure they are correctly placed for their level. At the end of the camp, each player receives a written report and advice on how to continue their learning at home.

## WHAT'S INCLUDED



**UP TO 13 HOURS OF ENGLISH LESSONS PER WEEK**



**1:12 TEACHER TO STUDENT RATIO (AVERAGE)**



**INDIVIDUAL REPORT**





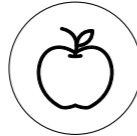
# WORKSHOPS

## WHAT TO EXPECT

Players taking the Total Sport option follow a series of workshops and recovery activities throughout the camp. They are introduced to a range of topics designed to give a broader view and better understanding of athletic performance, and what it takes to succeed on and off the pitch. Recovery exercises, such as yoga, help players manage the workload of training twice a day.



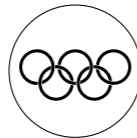
## WORKSHOP EXAMPLES



**NUTRITION**  
WHY WHAT YOU EAT  
AND DRINK MATTERS



**RESPECT**  
CREATING A CULTURE  
OF TRUST AND RESPECT



**ELITE PERFORMANCE**  
WHAT IT TAKES TO PERFORM  
AT THE HIGHEST LEVEL



**RESILIENCE**  
HOW TO BOUNCE BACK  
FROM DIFFICULT SITUATIONS



**GOAL SETTING**  
TAKING ACTIVE STEPS TO ACHIEVE  
YOUR DESIRED OUTCOME



ELEVATE YOUR  
GAME OFF  
THE PITCH



# THE VENUES

Choose from two world-class venues, depending on dates.

## BRADFIELD COLLEGE READING

30 JUNE - 06 JULY

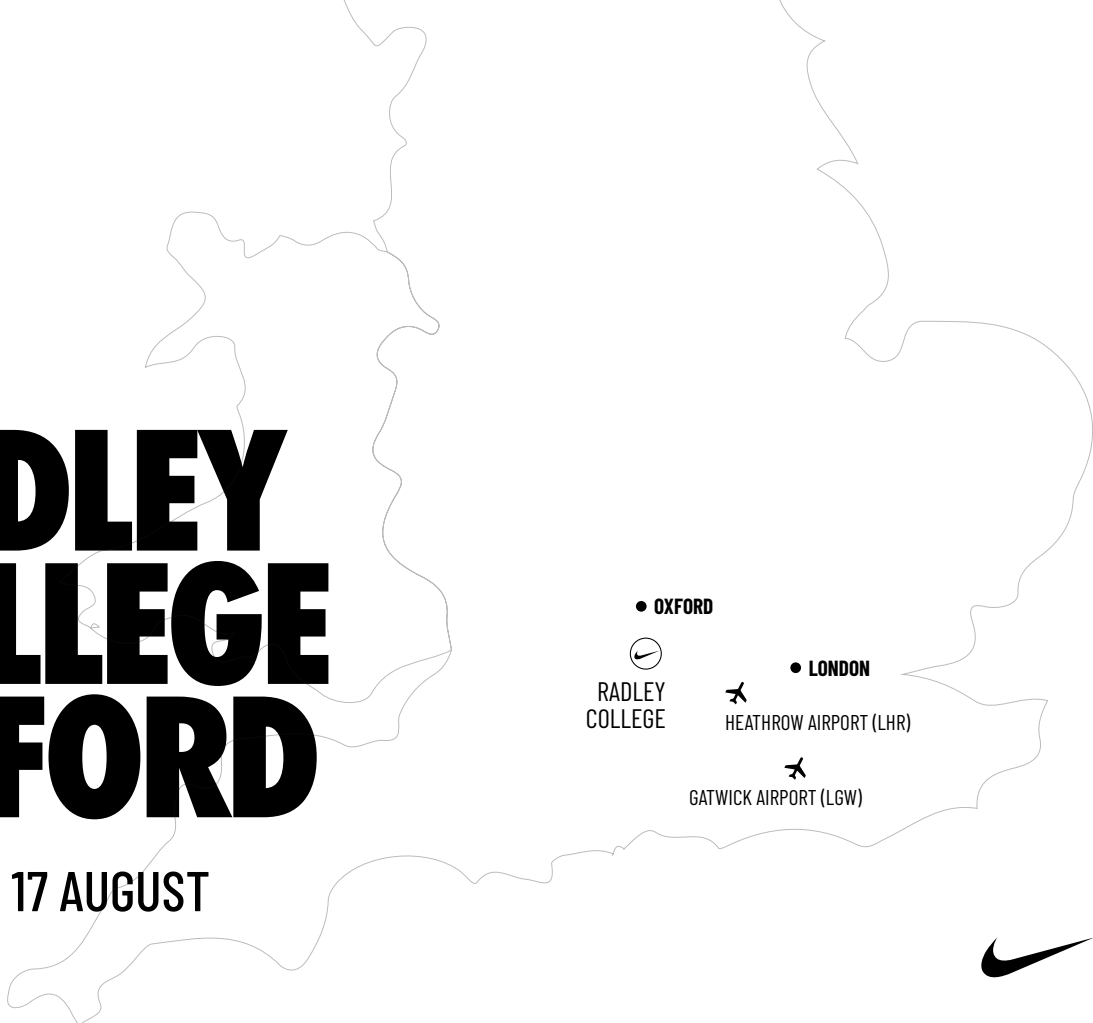


BRADFIELD COLLEGE  
 ● LONDON  
 ✈️ HEATHROW AIRPORT (LHR)  
 ✈️ GATWICK AIRPORT (LGW)



## RADLEY COLLEGE OXFORD

07 JULY - 17 AUGUST



● OXFORD  
 ● LONDON  
 ✈️ HEATHROW AIRPORT (LHR)  
 ✈️ GATWICK AIRPORT (LGW)





# THE VENUES

## INTERNATIONALLY RENOWNED PRIVATE SCHOOLS NEAR OXFORD AND LONDON

Nike Hockey Camps are based at two impressive English private schools, each set in many acres of beautiful countryside between Oxford and London. Both schools have a host of historic buildings alongside impressive modern hockey facilities and are an inspiring setting for learning and developing sporting talent. Camps are primarily based at Radley College for 2025, for 6 weeks from 7th July - 17th August. Players joining in the first week of the summer, from 30th June - 6th July, will be based at nearby Bradfield College, with those continuing for a second week moving to Radley College on 7th July.

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### SUITABLE FOR:

- Boys and girls aged 11-17
- All hockey abilities





# THE VENUES DETAILS

## ACCOMMODATION

### BRADFIELD

Mix of single and shared bedrooms

### RADLEY

Mostly single rooms with shared bathrooms

## TRANSFERS

We offer an airport shuttle service from the following airports:

### BRADFIELD

- London Heathrow Airport (LHR)  
32 miles / 51 km
- London Gatwick Airport (LGW)  
60 miles / 96 km

### RADLEY COLLEGE

- London Heathrow Airport (LHR)  
44 miles / 70 km
- London Gatwick Airport (LGW)  
77 miles / 125 km

## EXCURSIONS

### ALL CAMPS

- London Experience  
or
- Oxford Tour

### 13-NIGHT CAMPS ONLY

- Theme Park

## FACILITIES

- Hybrid Astro hockey pitches
- Tartan athletics track
- Indoor sports centre
- Players' lounge with TV, table football and games consoles
- Free Wi-Fi
- Laundry facilities
- On-site camp shop



# 2025 CAMP DATES

## 6-NIGHT CAMPS MONDAY – SUNDAY

- 30 Jun - 06 Jul \*
- 07 Jul - 13 Jul
- 14 Jul - 20 Jul
- 21 Jul - 27 Jul
- 28 Jul - 03 Aug
- 04 Aug - 10 Aug
- 11 Aug - 17 Aug

## 13-NIGHT CAMPS MONDAY – SUNDAY

- 30 Jun - 13 Jul \*\*
- 07 Jul - 20 Jul
- 14 Jul - 27 Jul
- 21 Jul - 03 Aug
- 28 Jul - 10 Aug
- 04 Aug - 17 Aug

\* Camp takes place at Bradfield College

\*\* First week at Bradfield College,  
second week at Radley College





**MY KIDS HAD A GREAT  
TIME AT CAMP.  
THEY WERE COACHED BY  
AN OLYMPIC GOLD MEDALLIST,  
AND EVEN HELD THE MEDAL!**

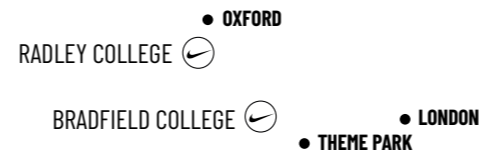


PARENT  
NIKE HOCKEY CAMP 2024



# CAMP EXCURSIONS

All camps include exciting excursions, giving players a taste of some of the UK's top attractions.



## THEME PARK

13-NIGHT CAMPS ONLY

There's something for everyone at England's top theme parks. Adrenaline junkies can ride rollercoasters that go from 0-80mph in under two seconds, while those who prefer to keep their feet near the ground can enjoy smaller rides and traditional fairground activities.

## OXFORD TOUR

EVERY OTHER WEEK

Players explore the historic city of Oxford, home to the oldest university in the English-speaking world, with magnificent architecture and academic history around every corner.

## LONDON EXPERIENCE

EVERY OTHER WEEK

Players experience the sights of England's capital city including the famous 'Big Ben' and Buckingham Palace, rounding the day off with the chance to do some shopping.







# LIFE ON CAMP

Camps are action-packed with sport, learning and meeting friends from around the world. Player welfare is at the heart of what we do, and camp life is designed to provide a fun and supportive environment for players to grow in skills and confidence.

## ACCOMMODATION

Players stay in boarding houses on campus based on age group, with boys and girls in separate houses. All houses have a communal players' lounge for relaxing during downtime. Some boarding houses have single bedrooms only. Where houses have shared bedrooms, we may be able to accommodate roomshare requests.

## WELFARE STAFF

There is a dedicated camp management and welfare team on-site all day and night. They are trained to look after players' wellbeing and are always on hand to help, support and guide campers to reach their full potential.

## DIET, NUTRITION AND HYDRATION

Meals are nutritionally balanced and designed for young athletes. There are a variety of options to choose from, including a vegetarian option. Welfare staff guide each player to ensure they are eating and drinking enough of the right foods during the camp. Coaches ensure players drink plenty of water during training sessions.



## MEDICAL AND INJURY

Medical staff are available each day to monitor illness, medical conditions and dispensation of medication. Further support and advice is provided by an on-call private doctor. Sports therapists or physiotherapists are present during sports sessions in case of injuries and subsequently to advise on recovery.






# A TYPICAL DAY

## MORNING

-  BREAKFAST
-  MORNING MEETING
-  HOCKEY COACHING

## AFTERNOON

-  LUNCH
-  ENGLISH OR WORKSHOPS
-  RECOVERY + WELLNESS

## EVENING

-  DINNER
-  HOCKEY COACHING
-  RELAX + LIGHTS OUT





# DATES & DETAILS

	<b>BRADFIELD COLLEGE</b> AGES 11-17	<b>RADLEY COLLEGE</b> AGES 11-17
	Boys and Girls All hockey abilities	Boys and Girls All hockey abilities
<b>VENUES</b>	<b>BRADFIELD COLLEGE, READING</b>	<b>RADLEY COLLEGE, OXFORD</b>
<b>HOCKEY</b>	<b>UP TO 24 HRS OF HOCKEY A WEEK</b>	
Choose from either option:	<b>TOTAL HOCKEY</b>	<b>UP TO 8 HRS OF WORKSHOPS A WEEK</b>
	<b>HOCKEY + ENGLISH</b>	<b>UP TO 13 HRS OF ENGLISH A WEEK</b>
<b>6 NIGHT CAMPS DATES</b>	<ul style="list-style-type: none"> <li>30 Jun - 06 Jul</li> </ul>	<ul style="list-style-type: none"> <li>07 Jul - 13 Jul</li> <li>14 Jul - 20 Jul *</li> <li>21 Jul - 27 Jul</li> <li>28 Jul - 03 Aug *</li> <li>04 Aug - 10 Aug</li> <li>11 Aug - 17 Aug *</li> </ul>
<b>13 NIGHT CAMPS DATES</b>	<ul style="list-style-type: none"> <li>30 Jun - 13 Jul †</li> </ul> <p>† First week at Bradfield College, second week at Radley College</p>	<ul style="list-style-type: none"> <li>07 Jul - 20 Jul</li> <li>14 Jul - 27 Jul</li> <li>21 Jul - 03 Aug</li> <li>28 Jul - 10 Aug</li> <li>04 Aug - 17 Aug</li> </ul>
<b>EXCURSIONS</b>	<b>LONDON EXPERIENCE</b> (Weeks without *) <b>THEME PARK</b> (13-night camps only)	<b>OXFORD TOUR</b> (Weeks with *) <b>LONDON EXPERIENCE</b> (Weeks without *) <b>THEME PARK</b> (13-night camps only)





# BOOK A HOCKEY CAMP TODAY.

## AUTHORISED PARTNER

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## PHONE

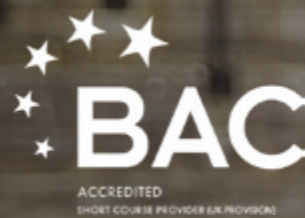
+49 (40) 210069-11

## EMAIL

info@hockeyakademie.de

## BOOK ONLINE

www.hockeyakademie.de



Euro Sports Camps is a trading division of CMT Learning, specialising in residential camps that combine high quality English language teaching with sports coaching to accelerate learning, sporting development and self-belief. CMT Learning works with the world's top clubs, federations and coaches, together with advice from sports scientists and English language specialists. © 2024 Copyright CMT Learning Ltd. All rights reserved. Nike and the Swoosh design are registered trademarks of Nike, Inc. and its affiliates and are used under license. Nike is the title sponsor of the camps and has no control over the operation of the camps or the acts or omissions of CMT Learning.